



Kaiserslautern Family and MWR NEWSLETTER

Due to COVID-19 safety measures, event information may change. Please visit our website for event updates.



Feb. 26



Armstrong's No Cook Friday

Get your weekend started right with a delicious meal on Friday nights that you didn't have to plan, prepare, cook and clean up after from Armstrong's Club on Vogelweh Housing!

[READ MORE...](#)

Register Today!



Crafting with Anastasia

Enjoy a monthly craft when you join Anastasia from Baumholder Arts & Crafts for another fun project. The March craft is an Easter Pom Pom Wreath! [READ MORE...](#)

Mar. 2



Basic Training for New Parents

Join Army Community Service (ACS) for their virtual Basic Training for New Parents Livestream and get all the tools you need to be the best parent you can be! [READ MORE...](#)

Mar. 2



Stress & Anger Management Class

Join Army Community Service (ACS) for their informative class on how to understand and control stress and anger. [READ MORE...](#)

Register Today!



Auto Skills Center Drop Off Service

Don't have time to sit around and wait for your oil change or tire service? Pulaski Auto Skills Center is offering a drop off program to make things convenient for you! [READ MORE...](#)

Mar. 11



Community Cooking With Stephan

Join the Family Advocacy Program for a virtual cooking class that will teach you how to prepare traditional pumpkin soup and pork schnitzel in your own kitchen! [READ MORE...](#)

Mar. 9



USAJOBS Tutorial - Livestream

Join Army Community Service (ACS) to learn more about finding and applying for jobs through the USAJOBS website. [READ MORE...](#)

Mar. 12



Lattes & Littles - Livestream

The New Parent Support Program is now offering a fun Virtual Support Group on select Fridays each month. [READ MORE...](#)



For a complete listing of events and activities please visit us at the [Kaiserslautern Family and MWR Website](#)

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